

Join Us on February 28th for a Workshop on Lethal Means Safety with PC CARES

Learn how to have conversations about lethal means safety – a proven suicide prevention strategy.

WHAT

The Alaska Mental Health in Schools Community of Practice is hosting a *Promoting Community Conversations About Research to End Suicide (PC CARES) workshop*.

WHO

School staff, including teachers, administrators, and counselors, and service providers who work closely in/with schools. The workshop will include community planning time, so assembling a small group from the same school site or district will help make the most of this unique opportunity!

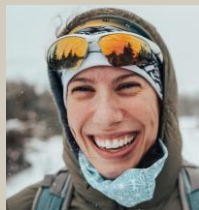
WHEN

Friday, February 28, 2025, 9:00am-12:00 pm.

THE SPEAKERS



[Lisa Wexler, PhD, MSW](#)



[Tara Schmidt](#)

HOW

The workshop will invite participants to consider how to balance an evidence-based intervention to reduce suicide risk – lethal means safety – with school communication norms related to parents and guardians, and to consider school policy can open doors to respectfully engage with adult family members to promote safety when concerned about a student’s mental health struggles. By the end of the session, participants will be able to...

- Describe why safe homes can save lives.
- Offer practical ideas for making homes safer (locking medications, guns, ammo) to lessen suicide risk.
- Use the tools (scripts, handouts, supplies) to practice having conversations about how to make homes safer
- Discuss what it would be like to facilitate this discussion with a prospective audience, identifying any potential barriers and opportunities.
- Describe steps to integrate this information with existing school communication norms, policies and practices

Participants will get:

1. Informational flyer with ideas for making homes safer
2. Safe homes scripts and role play practice for participants to be prepared to have these conversations
3. Resources for how to get lethal means safety supplies (cable locks, locking medication boxes), for free

REGISTER HERE:



Or visit: https://bit.ly/pc_cares_ak

For questions or more information, please contact adrian@stellargp.com.

