

**RESOURCES** For more information on how to help prepare your child for kindergarten please check the following resources available free of charge online.

***Transitioning to Kindergarten: A Toolkit for Early Childhood Educators***

[www.getreadytoread.org/content/view/261/](http://www.getreadytoread.org/content/view/261/)

***Transition to Kindergarten***

<http://cfs.cbcs.usf.edu/resource-centers/fcpi>

***Terrific Transitions: Supporting Children's Transition to Kindergarten*** (family and parent pages)

[www.serve.org/TT/fp\\_tips.html](http://www.serve.org/TT/fp_tips.html)

***Everyday Times***

[www.poweroftheordinary.org/et/index.php](http://www.poweroftheordinary.org/et/index.php)

***Getting Ready!***

[www.gettingready.org](http://www.gettingready.org)

If you don't have internet access or a computer, your local public library can help you print these documents for a minimal charge.

For parent activity booklets for use with infants, toddlers, and preschoolers contact the Alaska Department of Education & Early Development.



<http://education.alaska.gov/blueprint/>  
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907.465.2800 • 907.465.4156 fax

Preparing your child  
for kindergarten  
begins in the home



*I am ready!*  
ready to learn ready to read ready for school

When it comes to learning, home is one of the best places to start. Young children learn through active involvement with people they love and trust. **That's family.** They also learn when they are healthy, safe and living in a strong community. **That's home.**

## Play with your child...

...provide experiences between you and your child

## Talk with your child...

...talk and listen carefully to your child

## Dance with your child...

...help identify body parts

## Explore with your child...

...help count objects while playing

## Sing with your child...

...sing and play rhyming games

## Read with your child...

...read books daily that are interesting to your child

## Create with your child...

...provide paper, pencils, and crayons to draw and write

## Learn with your child...

...allow your child to perform tasks on his/her own

**Simple**  
home activities  
you can do  
together  
that help your  
child prepare for  
kindergarten



**Create a  
safe and  
healthy  
place to  
grow and  
learn**

**I am ready  
because I can...**

- listen attentively and respond to stories and books
- write using drawings and some letters/numbers and share what I have written
- identify and name at least four basic shapes and tell why they are the shape they are
- identify numbers 0 to 10 and match a set of objects to the correct number
- sort objects by at least two attributes (color, shape, or size)
- count objects, group objects, and count groups
- express my wants and needs, follow directions, simple rules and routines, and control my impulses
- dress myself and manage my own bathroom needs
- write my own name using a pencil, marker, or crayon, appropriately
- put together ten- to twelve-piece puzzles