



## National School Lunch Program

### Alaska Income Eligibility Guidelines Free & Reduced Price Meals

**Child Nutrition Programs**  
 Finance & Support Services  
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An income scale is used to determine eligibility for free and reduced-price meals.

**Do Not Send Out with Parent Letter.**

### Alaska Income Eligibility Guidelines July 1, 2021- June 30, 2022

#### Reduced Price Meals – 185% of Federal Poverty Guidelines

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	29,767	2,481	1,241	1,145	573
2	40,275	3,357	1,679	1,550	775
3	50,783	4,232	2,116	1,954	977
4	61,291	5,108	2,554	2,358	1,179
5	71,799	5,984	2,992	2,762	1,381
6	82,307	6,859	3,430	3,166	1,583
7	92,815	7,735	3,868	3,570	1,785
8	103,323	8,611	4,306	3,974	1,987
For Each Additional family member add:	10,508	876	438	405	203

#### Free Meals – 130% of Federal Poverty Guidelines

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,917	1,744	872	805	403
2	28,301	2,359	1,180	1,089	545
3	35,685	2,974	1,487	1,373	687
4	43,069	3,590	1,795	1,657	829
5	50,453	4,205	2,103	1,941	971
6	57,837	4,820	2,410	2,225	1,113
7	65,221	5,436	2,718	2,509	1,255
8	72,605	6,051	3,026	2,793	1,397
For each additional family member add:	7,384	616	308	284	142

## **Definitions**

**Family:** A household or family is defined as a group of related or unrelated individuals who are living as one economic unit.

**Income:** Income is the money received by any member of the household before such deductions as taxes and Social Security. It includes the following: salary or wages; earnings from self-employment, Social Security, pensions, retirement and disability payments; and other cash income received or withdrawn from any source which would be available for payment of a child's meal. Food Stamp benefits are not included.

Current income is determined by the income received by all members of the household during the month prior to application. But if this income was much higher or lower than usual, the expected income for this year (12 months starting from the month prior to application) should be used. For example, self-employed people such as fishermen and farmers should use yearly income.

**The information below represent types of groups that qualify for free meals under the National School Lunch Program either by Assistance Program participation, and Other Source Categorical Eligibility designations:**

**Direct Certification Groups are as follows:**

Supplemental Nutrition Assistance Program (SNAP);

Food Distribution Program on Indian Reservations (FDPIR); or

Temporary Assistance for Needy Families (TANF), if the State program meets Federal standards.

**Other Source Categorically Eligible:**

Homeless,

Migrant,

Runaway,

Foster Child, or

Enrolled in Head Start or an eligible pre-kindergarten program

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mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;  
fax: (202) 690-7442; or  
email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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