Alaska Workers' Compensation Board

P.O. Box 25512, Juneau, Alaska 99802-5512

# Department of Labor and Workforce Development REPORT OF OCCUPATIONAL INJURY OR ILL NESS

AWCB Case Nu
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	EMPLOYEE: Answer questions 1-20, immediately ma	oil ro	port Further inct	wuotic	no on GRE	EN AND V	ELLOW	l naga	
1	•	all le			3. Date of Birth			· ·	
1.	Last Name First Name Initial		Telephone Number		J /	4. Sex ☐ M ☐ F	5. Socia	Security Number	
6.	Mailing Address		7. Residence Address						
	City State Zip Code		City State 2				Zip Code	Zip Code	
8.	City, Town, Village where injury occurred		9. Date & Hour of Last	Evnosur	e to Injury or Dise	220	10 On I	Employer's Premises?	
0.	City, Town, Vinage where injury occurred		Date /	/ /	/ Hour PM Yes No				
11.	Full Name and Address of Attending Physician		12. Hospitalized as In-Patient? ☐ Yes ☐ No	13. Name and Address of Hospital					
	City State Zip Code	le City State Zip Code					Э		
14.		escribe l	l How the Injury or Illness Ha	ppened					
	☐ Left ☐ Right								
	16. En	mployee	's Signature (If not available	e, explair	)		17. Date	e Signed	
	EMPLOYER: Answer questions 18-4	19. Ca	refully follow ins	tructi	ons on PIN	K page.			
18.	Employer's Name		19. Employer's Alaska A						
20.	Employer's Mailing Address (street and number)		21. Name of Insurer						
	City State Zip Code Telephone		22. Full Name and Address of Adjusting Company						
23	Date Employer First Knew Injury or 24. Time Employee Left Work		Mailing Address (stre	et and ni	ımher)				
20.	Work Related / / Date / / Hour AM	J PM							
25.	Time Lost Beyond Date of of Injury or Illness?    Yes   No	□ No	City		State	Zip Coo	de	Telephone	
28.	Location Where Injury or Illness Took Place 29. En	29. Employee's Occupation 30. Date Hired by Employer							
				D 14/		04.110.1		05.14/ 1.1. D	
31.	Earnings Calculated By:       32. Rate of Pay         □ Hr.       □ Day       □ Output       □ Wk.       □ Mo.       □ Year       \$		33. Days Employee Work		ex □6 □7	34. Name Schel Days Off	aulea	35. Workday Began ☐ AM ☐ PM	
36.	Was Employee Paid for Day of Injury or Illness?		38. Give Details of How In	njury or Illi	ness Happened				
			I						
39.	Was Injury or Illness Caused by Failure of a Machine or Product? Other Safeguards Provided? Injured Emp		ubstance or Object Which Dire	ectly	42. If M	echanical, Specif	ically What F	Part?	
43.	Names and Addresses of Witnesses		44. If the Injury or Illness Was Caused by Anyone Besides Employee, Give Name and Address						
45.	Dependents (name and address in case of death)								
46.	If You Doubt Validity of Injury or Illness, State Reason								
47.	Signature of Authorized Employer Representative	48.	Title				49. Date	e Signed /////	

WARNING TO EMPLOYEES AND EMPLOYERS: Penalties for fraud or misleading statements. A person who knowingly makes a false or misleading statement that adversely affects another person, is guilty of deception as defined in AS 11.46.180, and may be punished as provided in AS 11.46.120-150.

### Department of Labor and Workforce Development REPORT OF OCCUPATIONAL Alaska Workers' Compensation Board **INJURY OR ILLNESS** P.O. Box 25512, Juneau, Alaska 99802-5512

AWCB Case Number

EMPLOYEE:	Answer ques	tions 1-20	, immediat	ely mail re	port. Further ins	tructi	ons on	<b>GREE</b>	N AND Y	<b>ELLOW</b>	page.
Last Name	First Name		nitial		Telephone Number		3. Date of		4. Sex		Security Number
							1	1	□ M   □ F		
6. Mailing Address					7. Residence Address	S			, DI	1	
City	State		Zip Code		City		St	tate		Zip Code	
,			•							•	
City, Town, Village where in	niury occurred				9. Date & Hour of Las	st Eynnsi	ure to Injury	or Diseas	ρ.	10 On F	mployer's Premises?
o. only, fown, vinage whole if	ijary cocarrou				Date /	/ /	Ho		☐ AM ☐ PM	☐ Yes	
44 Full Name and Address of	Attacadia - Discalaia -					40.1				□ ies	LI NO
11. Full Name and Address of A	Attending Physician				12. Hospitalized as In-Patient?	13. Na	ame and Add	aress of H	ospitai		
					☐ Yes ☐ No						
City	State		Zip Code		City		St	tate		Zip Code	
14. Type of Injury or Illness and	d Part of Body Injured			15. Describe	How the Injury or Illness H	appened	i				
		☐ Left	□ Right								
				16. Employee	's Signature (If not availab	le, expla	in)			17. Date	Signed
					- 5 (	, ,	,				Ĩ Ι
	EMPL OVE	FR: Answe	er question	s 18-49 Ca	arefully follow in	etruci	tions on	PINK	nage	-	•
18. Employer's Name		III. Allowe	r question	3 10-40. 00	19. Employer's Alaska						
ro. Employor o Maine					io. Employor or masica	, taa. 555	(		9)		
20. Empleyer's Mailing Address	- (atroat and much as)				21. Name of Insurer						
20. Employer's Mailing Address	s (street and number)				21. Name of insurer						
			T = .								
City	State	Zip Code	e Telep	hone	22. Full Name and Add	dress of A	Adjusting Co	mpany			
23. Date Employer First Knew Illness was	Injury or 24. Time I	Employee Left W	/ork		Mailing Address (s	treet and	l number)				
Work Related	/ Date	1 1	Hour	□AM □PM							
25. Time Lost Beyond Date of	26. Date Return	ed to Work 2	7. Death	l Yes □ No	City		St	tate	Zip Co	ode	Telephone
of Injury or Illness? ☐ Yes ☐ No	/	/	Date /	1							
EMPLOY	VEE- DI		MD E			VIO:	TDII	OT	ONG	DE	
EMPLO.	YEE: KI	EAU A	AND F	OLLO	W THE II	<b>N</b> 5	IKU	CI	ONS	<b>BE</b>	LOW
DECLARE VOUR MAR	UTAL CTATUC AND	THE MUMBE		OTUAL DEDE	NDENTS ON THE IN		ATE "ACT	IIAI DE	DENIDENT	S" MEANO	T.U.E.
DECLARE YOUR MAR EXEMPTIONS YOU W						URYD	AIE. "ACI	UAL DE	PENDENT	o" MEANS	THE
EXEIVIPTIONS TOO W	OULD BE ABLE TO	) CLAIM IF TO	JU WERE FILI	NG TOOK INC	OWE IAX RETURN.						
1. MARITAL STATUS:	☐ SINGLE	☐ MARRIED,	SPOUSE'S FU	LL NAME							
2. DEPENDENTS:	a. 🗖 YOURSELF	: пе	5 OR OVER						Enter numb	ner of	
E. BEI ENBENTO.	b. 🗖 SPOUSE	□ 6	5 OR OVER	□ BLIND					boxes chec		
	c.   List first nan	nes and birthd	ates of your de	pendent childr	en who live with you:				(a) and (b)		
		ependents			(3) Do you provi				Enter numb		
	(1)	Name	(2) Relati	onship	½ of dependen	t's suppo	ort?	_	children list	ed	
									Enter numb		
									other depe	ndents	
Always check the box labeled "Yourself."	e. Total Number	of Dependents	Claimed						Add numbe	ers	
Check other boxes if									entered in I		
they apply.									above		
	1										
Employee's Signature									Date		

# **IMPORTANT!** TURN PAGE OVER AND COMPLETE FORM

# TO THE EMPLOYEE

Obtain first aid or medical treatment immediately. Ask your doctor to mail a "Physician's Report" (07-6102) to the insurer and the Workers' Compensation Board.

Notify your employer about your injury or illness. Complete the "EMPLOYEE" section, questions 1-20 of this form. Keep the green copy. Immediately give all the other copies of this form to your employer. Once the employer's section of the form is complete, the employer will give you the yellow copy.

If you, your employer, and your doctor promptly file reports there should be no delay in payment of compensation. You will not be paid for the first three (3) days of the disability unless your disability lasts more than 28 days. The first installment of compensation becomes due on the 14th day after the employer has knowledge of the injury, illness or disease. After the first payment you should get a check every two weeks while you are disabled. If you have not received payment within 21 days from the date you were injured or became ill, contact the insurer or adjuster first. If you have any questions or problems contact the Workers' Compensation Office nearest you.

If you believe your work-related injury or illness will keep you from returning to your job at the time of injury and you may need retraining, YOU MUST REQUEST IN WRITING AN ELIGIBILITY EVALUATION WITHIN 90 DAYS AFTER YOU REPORT YOUR INJURY OR ILLNESS TO YOUR EMPLOYER. If 90 days have passed and you want a reemployment evaluation but have not requested one, you need to request in writing an evaluation and explain why you did not make the request within 90 days of the injury. To learn more about reemployment benefits, please read the Reemployment Section of the "Workers' Compensation and You" brochure which will be mailed to you after your claim is set up with the Workers' Compensation Division. If you have questions about reemployment benefits, call (907) 269-4980 and ask to speak to someone in the reemployment section.

Alaska Workers' Compensation
Division Offices:

Division of Labor Standards and
Safety Offices:

Anchorage: 3301 Eagle Street, #304 3301 Eagle Street, #301

P.O. Box 107019 P.O. Box 107022

Anchorage, AK 99510-7019 Anchorage, AK 99510-7022

(907) 269-4980 (907) 264-4900

Fairbanks: 675 Seventh Avenue, Station H2

Fairbanks, AK 99701-4586

(907) 451-2889

Juneau: 1111 West 8th Street, #307 1111 West 8th Street, #304

P.O. Box 25512 P.O. Box 21149

Juneau, AK 99802-5512 Juneau, AK 99802-1149

(907) 465-2790 (907) 465-4842

ALL INFORMATION IN THE WORKERS' COMPENSATION BOARD FILES, EXCEPT MEDICAL AND REHABILITATION RECORDS, IS AVAILABLE FOR PUBLIC REVIEW AND COPYING

# TO THE EMPLOYER

This form must be completed and mailed immediately and in no case later than **ten (10) days** after you have knowledge that your employee has been injured or claims to have been injured while working for you. Distribute copies of the form as follows:

Blue Copy	Alaska Workers' Compensation Board P.O. Box 25512 Juneau, AK 99802-5512
White Copy (attach employee's earnings information)	Your Adjuster or Insurance Company (not your Agent or Broker)
Pink Copy	Employer's File
Yellow and Green Copies	Employee

"Injury" means accidental injury or death arising out of and in the course of employment and an occupational disease, illness or infection which arises naturally out of the employment or which naturally or unavoidably results from an accidental injury.

"Injury" does not include **mental injury** caused by stress unless it is established that (A) the work stress was extraordinary and unusual in comparison to pressures and tensions experienced by individuals in a comparable work environment, and (B) the work stress was the predominant cause of the mental injury. A mental injury is not considered to arise out of and in the course of employment if it results from a disciplinary action, work evaluation, job transfer, layoff, demotion, termination or similar action, taken in good faith by the employer.

Failure to file this report within the required time may subject you and/or your insurer to a penalty equal to 20% of the amount of compensation due plus interest to the injured worker.

If you believe the employee will be unable to work for more than three days because of injury, contact the adjuster or insurer and provide information about employee's earnings.

## **OSHA REQUIREMENTS**

Report industrial deaths and accidents to the Division of Labor Standards and Safety. Alaska Statute 18.60.058 requires employers to report to the Division of Labor Standards and Safety an employment accident which is fatal to one or more employees or which results in the overnight hospitalization of one or more employees. The report, which must be made immediately, but no later than 24 hours after receipt by the employer, of information that the accident has occurred, must relate the circumstances of the accident, the number of fatalities and the extent of the injuries.

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IF YOU BELIEVE THAT YOU WILL NOT BE ABLE TO WORK FOR MORE THAN THREE (3) DAYS BECAUSE OF YOUR INJURY OR ILLNESS, IMMEDIATELY FILL OUT THE FORM BELOW AND SEND IT TO THE ADJUSTING COMPANY, INSURER, OR EMPLOYER LISTED IN #21 OR #22 ON REVERSE SIDE OF THIS FORM.

Check the BOXES which are true for you. Attach wage stubs or records about your earnings as

		red, including deferred income, employer-provided room and board, and employer contributions talified pension or profit-sharing plan.
1.		When injured I was a seasonal/temporary worker. ATTACH EARNING RECORDS FOR ALL WORK FOR THE CALENDAR YEAR IMMEDIATELY BEFORE THE INJURY.
		IF YOU CHECKED BOX NUMBER ONE ABOVE, SKIP TO NUMBER FIVE (5) BELOW.
2.		I was employed less than 13 calendar weeks immediately before the injury. YOU DO NOT NEED TO ATTACH EARNING RECORDS.
3.		I was employed 13 calendar weeks or more immediately before the injury.
	a.	☐ When injured, my wages were calculated by the: ☐ Week ☐ Month ☐ Year ATTACH EARNING RECORDS IF YOU WORKED FOR MORE THAN ONE EMPLOYER.
	b.	□ When injured, my wages were calculated by the day, hour, or output. IF YOU WERE EMPLOYED 13 WEEKS OR MORE, ATTACH EARNING RECORDS FOR YOUR MOST FAVORABLE 13 CONSECUTIVE CALENDAR WEEKS WITHIN THE 52 WEEKS IMMEDIATELY BEFORE YOUR INJURY.
4.		When injured, my wages or the basis for my pay had not been set. ATTACH INFORMATION ABOUT THE USUAL WAGE FOR SIMILAR SERVICES.
5.		When injured, I was employed by two or more employers.
6.		When injured, I was a minor, apprentice, or trainee in a formal training program.
7.		I was injured working as a volunteer ambulance attendant, volunteer police officer, or volunteer fire fighter.
8.		I was injured before September 4, 1995.

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