

Natural Disaster Resources for Schools and Families



Telephonic Counseling Available: 1-833-327-2386

- If you or someone you know is struggling to cope with the emotional impact of the earthquake, telephonic counseling is available through Aetna Resources for Living Employee Assistance Program. This is available to ANY community member who has been affected by the earthquake, regardless of whether or not they are a current Aetna customer.

FEMA Earthquakes: <https://www.fema.gov/earthquake>

- Earthquake Safety at School - What to do before, during, and after the next earthquake: <https://www.fema.gov/earthquake-safety-school>
- Earthquake Information for Teachers and Kids: <https://www.fema.gov/earthquake-information-teachers-and-kids>
- Youth Emergency Preparedness Curriculum-Ready Kids Grades 1-12: <https://www.fema.gov/media-library/assets/documents/34411>
- Disaster Fact Sheets for Kids: <https://www.fema.gov/media-library/assets/documents/34288>

Ready.gov: Department of Homeland Security

- Earthquake Preparedness Before, During and After an Earthquake: <https://www.ready.gov/earthquakes>

National Association of School Psychologists

- Helping Children After a Natural Disaster: <http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/natural-disaster>

American Red Cross

- Red Cross Tsunami Preparedness: <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/tsunami.html>
- Red Cross Earthquake Safety: <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/earthquake.html>

National Child Traumatic Stress Network

- Earthquake Resources: <https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/earthquake-resources#tabset-tab-5>

National Education Association

- School Crisis Guide: <http://healthyfutures.nea.org/wpcproduct/school-crisis-guide/>

U.S. Department of Health & Human Services

- Early Childhood Disaster-Related Resources for Children and Families: <https://www.acf.hhs.gov/ohsepr/children-and-families>